



Sandy and Biggleswade Children's Centre Summer 2024 Activities

To book and for more information call us on 0300 300 8114 or 0300 300 8134, message us on Facebook or email Sandy.Childrenscentre@centralbedfordshire.gov.uk

Please note - There is no parking on the road outside Sandy Children's Centre. Please park on the public part of Laburnum Road or Robert Hunt Gardens. Thank you

22nd July – 31st August 2024

Monday

Session	Time	Date	Location	For information and booking please contact:	Information
Childminder summer meet ups	10.00am-11.30pm	22.7.24 12.8.24	Sandy Children's Centre SG19 1HQ	daisy.oatham@hotmail.co.uk	Stay and Play meet up for local childminders and their children

Tuesday

Session	Time	Date	Location	For information and booking	Information
Baby Brasserie	11.00am-12.30pm	23.7.24 30.7.24 13.8.24 20.8.24	Robert Peel Forest School Garden, Dapifer Drive, Sandy SG19 1QJ (weather permitting)	jade.o'neill2@centralbedfordshire.gov.uk DROP IN SESSION	Breast Feeding drop in, social and support group for parents and parents to be. If weather is good we will meet in Robert Peel Forest School area. Entrance located in the car park of Robert Peel School. Please check Facebook for updates. To be held in Sandy Children's Centre in case of rain/bad weather
Baby Brasserie	11.00am - 12.30pm	27.8.24	Sandy Children's Centre SG19 1HQ	jade.o'neill2@centralbedfordshire.gov.uk DROP IN SESSION	Breast Feeding drop in, social and support group for parents and parents to be.
Baby Brasserie Breastfeeding Week Celebration	11.00am – 12.30noon	6.8.2024	Sandy Children's Centre SG19 1HQ	jade.o'neill2@centralbedfordshire.gov.uk DROP IN SESSION. You are welcome to bring a picnic and blanket	To celebrate Breastfeeding Week, we will be holding a picnic in the garden at the Children's Centre
SEND Stay & Play in your Own Way	1.30pm - 3.00pm	23.7.24 6.8.24* 20.8.24	Robert Peel Forest School Garden, Dapifer Drive, Sandy SG19 1QJ (entrance via school car park)	sandy.childrenscentre@centralbedfordshire.gov.uk BOOKING REQUIRED *Please note the session on 6th August will take place at Sandy Children's Centre	An outdoor SEND Stay and Play session for children up to 12 years with SEND needs, siblings and parents. Please wear appropriate clothing and footwear (No sandals please)
Outdoor Stay and Play session	1.30pm - 3.00pm	30.7.24 13.8.24	Robert Peel Forest School Garden, Dapifer Drive, Sandy SG19 1QJ (entrance via school car park)	sandy.childrenscentre@centralbedfordshire.gov.uk BOOKING REQUIRED	An outdoor Stay and Play session for children up to 12 years and parents. Please wear appropriate clothing and footwear (No Sandals please)
Self- Weigh	9.00am - 12.00noon	23.7.24 6.8.24 20.8.24	Biggleswade Children's Centre SG18 OLL (located in	DROP IN SESSION	No appointment necessary. Drop in Self Weigh. A member of staff will be on site should you have any concerns.

			Biggleswade library)		
Top Up Shop	11.00am-12.30pm	Weekly	Sandy Baptist Church	DROP IN SESSION	In partnership with the Need Project. Store cupboard staples with a selection of fresh items to boost your store cupboard for those experiencing hardship.

Wednesday

Session	Time	Date	Location	For information and booking	Information
Buggy Walk Biggleswade	10.00am-11.30am	24.7.24 7.8.24	Biggleswade Children's Centre SG18 0LL	sandy.childrenscentre@centralbedfordshire.gov.uk BOOKING REQUIRED	Meet at Biggleswade Children's Centre, Chestnut Avenue SG18 0LL. Buggy friendly walk accompanied by staff and refreshments at the Childrens Centre afterwards
Buggy Walk Sandy	10.00am-11.30am	31.7.24 28.8.24	Sandy Children's Centre SG19 1HQ	sandy.childrenscentre@centralbedfordshire.gov.uk BOOKING REQUIRED	Meet at Sandy Children's Centre, Laburnum Road SG19 1HQ. Buggy friendly walk accompanied by staff
Teddy Bears Picnic	12.00noon – 1.30pm	14.8.24	Sandy Children's Centre	sandy.childrenscentre@centralbedfordshire.gov.uk BOOKING REQUIRED	Bring your teddy and a picnic to meet with other families. For children 0 – 5 and siblings
Walk In Vaccination Clinics for Children	8.30am – 4.00pm	24.7.24 28.8.24	Sandy Children's Centre SG19 1HQ	DROP IN SESSION	Has your child missed any vaccinations? All children's vaccinations available. Just walk in – no need to book

Thursday

Session	Time	Date	Location	For information and booking	Information
Baby Brasserie	1.30pm-3.00pm	25.7.24 8.8.24 15.8.24 22.8.24 29.8.24	Biggleswade Children's Centre SG18 0LL	jade.o'neill2@centralbedfordshire.gov.uk DROP IN SESSION	Breast Feeding drop in, social and support group for parents and parents to be. Self Weigh will be available.
Baby Brasserie Breastfeeding Week Celebration	1.30pm – 3.00pm	1.8.24	Rosso Lounge, Market Square, Biggleswade SG18 8AS	karen.burton@centralbedfordshire.gov.uk DROP IN SESSION	To celebrate Breastfeeding week, we will be meeting at Rosso Lounge
Births, Bumps and Baby Stuff	09.00am-4.00pm	22.8.24	Biggleswade Youth Centre, Mead End, SG18 8JU	https://www.eventbrite.com/o/cbc-childrens-centres-bump-birth-amp-baby-stuff-33937171841 BOOKING REQUIRED by clicking link above. Please bring your lunch for the face to face sessions	Antenatal class for parents-to-be from 30 weeks pregnant. Come and find out about labour, feeding, caring for your baby and preparing for family life.
Biggleswade Babies Messy Play 6 – 12 months	10.00am-11.30am	1.8.24	Biggleswade Youth Centre, Mead End, SG18 8JU	karen.burton@centralbedfordshire.gov.uk BOOKING REQUIRED	Messy play session for babies 6 – 12 months

Sandy Summer Fun – Beach party	10.00am – 11.30am	8.8.24	Sandy Children’s Centre SG19 1HQ	tamsin.osborn@centralbedfordshire.gov.uk BOOKING REQUIRED	Music, Dancing, Games, Water and sand play ages 0 -12 years
Biggleswade Summer Craft Session – Ages 3 – 12 years	10.00am – 11.30am	15.8.24	Biggleswade Youth Centre, Mead End , SG18 8JU	karen.burton@Centralbedfordshire.gov.uk BOOKING REQUIRED	Craft Session for ages 3 – 12 years
Sandy Summer Fun – Active Morning	10.00am – 11.30am	22.8.24	Sandy Children’s Centre SG19 1HQ	cathy.brighton@centralbedfordshire.gov.uk BOOKING REQUIRED	Come and celebrate the Olympics with an active session 0 – 12’s
Self- Weigh	12.00 noon – 3.00pm	25.7.24 8.8.24 22.8.24	Sandy Children’s Centre, Laburnum Road, Sandy SG19 1HQ	DROP IN SESSION	No appointment necessary. Drop in Self Weigh. A member of staff will be on site should you have any concerns.

Friday

Session	Time	Date	Location	For information and booking	Information
Introducing Solids	1.30pm – 2.30pm	9.8.24	Face to Face Sandy Children’s Centre SG19 1HQ	alison.coats@centralbedfordshire.gov.uk BOOKING REQUIRED	Advice and support around introducing solids to your 6 month old baby.
Baby Massage	10.00am-11.00am	3 week course starting 26.7.24	Biggleswade Children’s Centre SG18 0LL	kirsty-anne.beard@centralbedfordshire.gov.uk BOOKING REQUIRED	Bond with your baby through baby massage. This 3 week course is for babies 6 weeks to 6 months. £20.00 at time of booking (cash only please)
Bouncing Bunnies Summer Session	10.00am – 11.30am	30.8.24	Biggleswade Youth Centre, Mead End , SG18 8JU	kirsty-anne.beard@centralbedfordshire.gov.uk DROP IN	Play session focused on physical development and school readiness. Age 0-5 Includes a baby area. Older siblings welcome

Saturday

Session	Time	Date	Location	For information and booking	Information
Family Fun Day and Children’s Fancy dress competition – “My Hero”	11.00am-2.00pm	27.7.24	Sandy Children’s Centre, SG19 1HQ	sandy.childrenscentre@centralbedfordshire.gov.uk	Come and Celebrate 15 years since the opening of Sandy Children’s Centre. Barbecue, refreshments, raffle, tombola, Hook a duck, coconut shy, craft table, fire engine (call outs permitting) and more. Raising money for the Need Project. Please bring a picnic blanket to sit on. This is a cash only event to raise funds for the Need Project
First Aid for Parents	09.00am-11.00am	17.8.24	Biggleswade Children’s Centre SG18 0LL	sandy.childrenscentre@centralbedfordshire.gov.uk BOOKING RQUIRED	A first aid course for new parents covering CPR, choking, burns, scalds and childhood illnesses. £10 per adult non-refundable to be paid at time of booking to secure place. (cash only please)



.....

To find out more

visit www.centralbedfordshire.gov.uk/childrens-centres or follow us on Facebook at <https://www.facebook.com/SandyBiggleswadeChildrensCentre>

Useful Information

- Worried about your child’s talking, listening, Interaction or Stammering - This service is for children pre-school age and younger who are **NOT** already known to us or haven’t already been referred to the Speech and Language Therapy Service and who live within Central Bedfordshire. You can arrange a 15 minute consultation by contacting: <https://childspeechbedfordshire.nhs.uk/how-to-refer/early-advice-sessions/>
- Rebuild – Is a 12 week rolling programme. Supporting healthier relationships. Each week will have a slightly different focus and we will look at healthy and unhealthy relationships, conflict and how it can impact a relationship, signs to look out for within an abusive relationship and what we can do about them, where to get help and support and next steps. Contact: paula.murphy@centralbedfordshire.gov.uk or alison.coats@centralbedfordshire.gov.uk for further information
- Bedfordshire & Luton Children’s Community Health Hub for 0 -19 years – YOUR ONE STOP CONTACT POINTTEL 0300 555 0606 email ccs.bedsandlutonchildrenshealthhub@nhs.net OPENS 9.00am-5.00pm Monday to Friday (excl bank hol) – Scan QR Code for more information



REGISTER WITH THE CHILDREN’S CENTRE	REQUEST FOR SERVICES APPLICATION	WE WOULD LOVE YOUR FEEDBACK ON OUR SERVICES

