

What's on at Sandy Children's Centre 0300 300 8114

There is no parking on the road outside the Centre. Please park on the public part of Laburnum Road or Robert Hunt Gardens. Thank you

April to July 2024

Monday

Session	Time	Date	Location	For information and booking	Information
Twins & Multiples Club	09.15-10.30	08.04.24 13.05.24 10.06.24 08.07.24	Sandy Children's Centre SG19 1HQ	sandy.childrenscentre@centralbedfordshire.gov.uk DROP IN SESSION	A Stay and Play session for parents and carers of twins and multiples.
Sandy Childminders Group	10.00-11.30	15.04.24 22.04.24 29.04.24 20.05.24 03.06.24 17.06.24 24.06.24 01.07.24 15.07.24	Sandy Children's Centre SG19 1HQ	daisyoatham@hotmail.co.uk DROP IN SESSION	For Childminders and children in their care from Sandy and surrounding villages.

Tuesday

Session	Time	Date	Location	For information and booking	Information
Bumps 2 Babes	09.30-11.00	Weekly from 16.04.24 term time only	Sandy Children's Centre SG19 1HQ	jade.o'neill2@centralbedfordshire.gov.uk DROP IN SESSION	A Stay and Play session for parents to be and parents/carers of children 0-12 months. Make friends and share tips. Self Weigh will be available.
Baby Brasserie	11.00-12.30	Weekly from 02.04.24	Sandy Children's Centre SG19 1HQ	sophie.ireton2@centralbedfordshire.gov.uk jade.o'neill2@centralbedfordshire.gov.uk DROP IN SESSION	Breast Feeding drop in, social and support group for parents and parents to be. Self Weigh will be available.
Self- Weigh	14.00-15.45	From 02.04.24	Sandy Children's Centre SG19 1HQ	DROP IN SESSION	No appointment necessary. Drop in Self Weigh. A member of staff will be on site should you have any concerns.
SEND Stay & Play in your Own Way	13.30-15.00	30.04.24 25.06.24 23.07.24	Sandy Children's Centre SG19 1HQ	tamsin.osborn@centralbedfordshire.gov.uk DROP IN SESSION	A SEND Stay and Play session for children under 5 with their parents for support and advice from our Early Years SEND team. Parents of school aged children also welcome.
Baby Massage	13.00-14.00	09.04.24 16.04.24 23.04.24	Sandy Children's Centre SG19 1HQ	sophie.ireton2@centralbedfordshire.gov.uk BOOKING REQUIRED	Bond with your baby through baby massage. This 3 week course is for babies 6 weeks to 6 months. £20.00 to secure your booking (cash only please)
Top Up Shop	11.00-12.30	Weekly	Sandy Baptist Church	DROP IN	In partnership with the Need Project. Store cupboard staples with a selection of fresh items to boost your store cupboard for those experiencing hardship.
Baby Sign	13.30-14.30	04.06.24 11.06.24 18.06.24	Sandy Children's Centre SG19 1HQ	sophie.ireton2@centralbedfordshire.gov.uk BOOKING REQUIRED	Suitable for baby's 6 months + A 3 week Baby Sign course, teaching basic signs. Baby sign encourages communication with your baby.

Wednesday

Session	Time	Date	Location	For information and booking	Information
Self- Weigh	14.00-15.45	From 03.04.24	Sandy Children's Centre SG19 1HQ	DROP IN SESSION	No appointment necessary. Drop in Self Weigh. A member of staff will be on site should you have any concerns.
Baby Massage	13.30-14.30	05.06.24 (4 week session)	Sandy Children's Centre SG19 1HQ	jade.o'neill2@centralbedfordshire.gov.uk BOOKING REQUIRED	Bond with your baby through Baby Massage. This course is for babies 6 weeks to 6 months. £20.00 to secure your booking (cash only please)
Communication Totts	13.30-14.30	17.04.24 24.04.24 01.05.24	Sandy Children's Centre SG19 1HQ	tamsin.osborn@centralbedfordshire.gov.uk karen.burton@centralbedfordshire.gov.uk BOOKING REQUIRED	For non verbal children aged 18 months to 3 years. Contact centre for additional details.
Chattertots	13.30-14.30	08.05.24 15.05.24 22.05.24	Sandy Children's Centre SG19 1HQ	tamsin.osborn@centralbedfordshire.gov.uk karen.burton@centralbedfordshire.gov.uk BOOKING REQUIRED	A Speech Language and Communications session for children 18 months to 3 years. Strategies to help support a child's early language skills
Come and Play	10.30-12.00	24.04.24 08.05.24 22.05.24 12.06.24 26.06.24 10.07.24	Sandy Children's Centre SG19 1HQ	sophieireton2@centralbedfordshire.gov.uk DROP IN SESSION	A stay and play session for parents/carers of children aged 12 months – 5 years. Make friends and share tips.
Young Parent Pop up Group	10.30-11.30	17.04.24	Sandy Children's Centre SG19 1HQ	sophie.ireton2@centralbedfordshire.gov.uk DROP IN SESSION	A stay and play session for young parents/carers under the age of 22.
LGBTQ+ Pop up Session	10.30-11.30	15.05.24	Sandy Children's Centre SG19 1HQ	tamsin.osborn@centralbedfordshire.gov.uk DROP IN SESSION	A pop up Stay and Play session for LGBTQ+ Parent/Carers.
SEND Forest School	Session 1 10.00-11.30 Session 2 12.30-14.00	29.05.24 (Robert Peel Forest School)	Robert Peel Forest School Dapifer Drive Sandy SG19 1QJ	karen.burton@centralbedfordshire.gov.uk BOOKING REQUIRED	Forest School Session for SEND children aged 3-12. Entrance is via the school car park. Join us in this wonderful outside space. Please wear appropriate outdoor clothing.

Thursday

Session	Time	Date	Location	For information and booking	Information
Self- Weigh	14.00-15.45	From 04.04.24	Sandy Children's Centre SG19 1HQ	Call or Text 07585 888903/07435 775975 DROP IN SESSION	No appointment necessary. Drop in Self Weigh. A member of staff will be on site should you have any concerns.
Births, Bumps and Baby Stuff	09.00-16.00	23.05.24 20.06.24 18.07.24	Sandy Childrens Centre SG19 1HQ Virtual	https://www.eventbrite.com/o/cbc-childrens-centres-bump-birth-amp-baby-stuff-33937171841 BOOKING REQUIRED by clicking link above. Please bring your lunch for the face to face sessions	Antenatal class for parents-to-be from 30 weeks pregnant. Come and find out about labour, feeding, caring for your baby and preparing for family life.
Baby Days	13.30-15.00	18.04.24 25.04.24 02.05.24 09.05.24 16.05.24	Sandy Children's Centre SG19 1HQ	tamsin.osborn@centralbedfordshire.gov.uk alison.coats@centralbedfordshire.gov.uk BOOKING REQUIRED	5 Week course for new parents and babies 0-4 months, covering sleep, feeding, baby brain development and childhood illnesses. The final session will also cover healthy relationships.

Friday

Session	Time	Date	Location	For information and booking	Information
Introducing Solids	10.00-11.00	19.04.24	Face to Face Sandy Children's Centre SG19 1HQ	alison.coats@centralbedfordshire.gov.uk kirsty-anne.beard@centralbedfordshire.gov.uk BOOKING REQUIRED	Advice and support around introducing solids to your 6 month old baby.
	11.30-12.30	17.05.24	VIRTUAL		
	12.30-13.30	21.06.24	Sandy Children's Centre SG19 1HQ		
	13.30-14.30	19.07.24	VIRTUAL		
Bedfordshire Talking Therapies	10.00-11.00	14.06.24	Sandy Children's Centre SG19 1HQ	catherine.brighton@centralbedfordshire.gov.uk BOOKING REQUIRED	The perinatal workshops are held by Bedfordshire Talking Therapies to support pregnant women and mums of young babies up to around 1 years old. The sessions will cover both low mood and anxiety and teaches coping mechanisms to deal with such difficulties, as well as normalising the common struggles that the perinatal period brings
Grandparent Pop Up	09.30-10.30	26.04.24	Sandy Children's Centre SG19 1HQ	jade.o'neill2@centralbedfordshire.gov.uk DROP IN SESSION	For grandparents/carers. Join us in our lovely baby & child friendly room with access to toys and activities for your child.
Baby Sign	13.30-14.30	28.06.24 05.07.24 12.07.24	Sandy Children's Centre SG19 1HQ	jade.o'neill2@centralbedfordshire.gov.uk BOOKING REQUIRED	Suitable for baby's 6 months + A 3 week baby sign course, teaching basic signs. Baby sign encourages communication with your baby.
123 Magic	09.30-11.30	03.05.24 10.05.24 17.05.24 07.06.24	Sandy Children's Centre SG19 1HQ	Email, Call or Text 07585 888903/07435 775975 BOOKING REQUIRED – Limited Spaces	A parenting course to use with children aged 2 – 12 with ADHD, learning difficulties and other challenges. All sessions need to be attended.

Saturday

Session	Time	Date	Location	For information and booking	Information
First Aid for Parents	09.00-11.00	20.04.24	Biggleswade Children's Centre SG18 0LL	maxine.johnson@centralbedfordshire.gov.uk BOOKING REQUIRED	A first aid course for new parents covering CPR, choking, burns, scalds and childhood illnesses. £10 per adult non-refundable to be paid at time of booking to secure place. (cash only please)
		15.06.24	Sandy Children's Centre SG19 1HQ		
Dad's Club	10:00-11:30	06.04.24	Robert Peel Forest School	catherine.brighton@centralbedfordshire.gov.uk BOOKING REQUIRED	A fun and friendly outdoor forest school session for dads, grandads, stepdads, male carers and children 0-12 years. Please wear warm (old) outdoor clothing as you will get muddy!
		11.05.24	Forest School		
		01.06.24	Dapifer Drive		
		06.07.24	Sandy SG19 1QJ (entrance via school carpark)		



.....

To find out more

visit www.centralbedfordshire.gov.uk/childrens-centres or follow us on Facebook at <https://www.facebook.com/SandyBiggleswadeChildrensCentre>

Useful Information

- Worried about your child’s talking, listening, Interaction or Stammering - This service is for children pre-school age and younger who are **NOT** already known to us or haven’t already been referred to the Speech and Language Therapy Service and who live within Central Bedfordshire. You can arrange a 15 minute consultation by contacting: <https://childspeechbedfordshire.nhs.uk/how-to-refer/early-advice-sessions/>
- Rebuild – Is a 12 week rolling programme. Supporting healthier relationships. Each week will have a slightly different focus and we will look at healthy and unhealthy relationships, conflict and how it can impact a relationship, signs to look out for within an abusive relationship and what we can do about them, where to get help and support and next steps. Contact: paula.murphy@centralbedfordshire.gov.uk or alison.coats@centralbedfordshire.gov.uk for further information
- Bedfordshire & Luton Children’s Community Health Hub for 0 -19 years – YOUR ONE STOP CONTACT POINTTEL 0300 555 0606 email ccs.bedsandlutonchildrenshealthhub@nhs.net OPENS 9.00am-5.00pm Monday to Friday (excl bank hol) – Scan QR Code for more information



REGISTER WITH THE CHILDREN’S CENTRE	REQUEST FOR SERVICES APPLICATION	WE WOULD LOVE YOUR FEEDBACK ON OUR SERVICES
		

